

## **ANNETTE LEWIS**

**Coach Qualifications:** *Accredited Coach*

**Lives:** *Essex*

**Areas of Coaching:** *Essex and surrounding areas, available to travel within reason.*

**Training Facilities:** *N/A*

**Coaching Approach** – *‘Building Confidence, ring craft and skill. Knowledge, assist build rapport between horse and rider. Helping nervous riders over come their fears.’ I still retain my passion for showjumping, and the thrill of coaching when students attain better results than expected.*

### ***Coaching Experience***

*Have been coaching regularly for 15years, both individual and group session.*

### ***Riding Experience***

*Since 2years of age.*

*1<sup>st</sup> affiliated win was at the age of 6, pickek 1<sup>st</sup> Junior Europeans at 11yrs.*

*Young riders, Europeans and Senior British Team member*

*Nations Cup*

*National Ladies Champion*

*Ranked top 10 in uk & 60<sup>th</sup> worldwide at peak.*

*Wins:*

*RIHS, HOYS, Olympia, (inc young showjumper)*

*Grand Prix royal Windsor and many more*

*Still currently competing at 1.30m plus.*